**NAME OF CLUB**

**Code of Conduct - Adult members**

NAME OF CLUB is fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The club believes that it is important that members, volunteers, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with the club’s Secretary.

As a responsible member, I will:

* abide by the club’s Constitution and rules, and by the Irish Squash and club’s Child Safeguarding Policy and Child Safeguarding Procedures
* respect the rights, dignity and worth of everyone involved in squash regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.
* uphold the same sporting values away from sport as I do when I am engaged in squash
* participate within the rules of the sport, respect decisions of coaches and officials, and demonstrate respect towards fellow players
* consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited substances
* anticipate and be responsible for my own needs, including being organised, having the appropriate equipment and being on time
* encourage everyone to enjoy sport and understand that people have different motivations for taking part, condemning and reporting any sort of bullying
* inform my coach of any other coaching that I am seeking or receiving
* Wear suitable kit for training and competitions, as agreed with the coach/club management
* act with dignity and display courtesy and good manners towards others
* in no way undermine, put down or belittle other players, coaches or participants
* avoid swearing and abusive language whilst in squash venues, at club functions and events, and at national and international events
* never engage in any inappropriate or illegal behaviour
* challenge and report inappropriate behaviour and language by others
* not misuse or abuse sporting equipment and venues
* not carry or consume alcohol or illegal substances while training, competing or representing the club
* Pay any club fees or events fee as required by club Constitution or event organiser
* act ethically, professionally and with integrity, and take responsibility for your actions
* recognise that I am bound by the Sport Ireland and International Anti-Doping regulations.

I understand that if I do not follow the code, action can be taken by my club and I may:

* be asked to apologise for my behaviour
* receive a verbal warning from my coach
* receive a verbal or written warning from the club committee
* be suspended from attending club activities
* be suspended from the club
* be required to leave the club.

Print name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_/\_\_\_/\_\_\_\_\_ Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_